

story waves

with Kelly E. Keough

Premise Template: The Impossible Made Possible

ACT I

In a _____ (setting), your main character encounters a life-altering surprise, whether it be a shock or a shiny chance (introduce disruption or problem). They're thrust into an epic tale brimming with _____ (challenges or opportunities), powered by a deep-seated _____ (emotion or motivation to fulfill a weakness/need), which crystalizes into a definitive mission to achieve something that seems utterly unachievable.

ACT II

The goal at hand is too pressing to overlook because the stakes involve _____ (describe the stakes). They must take action. On their path, they clash with a much stronger _____ (adversary/obstacle) whose own clashing ambitions lead to strife, unforeseen turns, and deception. These hurdles ignite our main character's spirit, culminating in more losses and false wins that stoke a fierce resolve to vanquish the weakness/need and snag their goal.

ACT III

Facing towering difficulties, our hero/heroine burrows within, unearthing previously unknown _____ (inner strengths/new abilities/insights) that carry them past daunting barriers and antagonistic forces. Transformed, their once-routine decisions, choices, and bad habits metamorphize, and their new belief/skill steers them to _____ (a final conflict or confrontation), and eventually, toward an outcome that's _____ (describe the resolution).

ACT IV

As the story comes full circle, the main character is not who they once were. Their life, irrevocably altered from its inception by the odyssey they have endured, reflects a profound shift. They've redefined the impossible, their perspective, or place in the world has evolved, epitomizing _____ (lesson learned/new status quo).

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